सुनसरी लगायत देशका केही भागमा घटेका घटनाका बारेमा धर्म, सम्प्रदायबिचको सुसम्बन्धमा खलल पार्ने, हिंसा, त्रासलाई प्रश्रय पुग्ने, उत्तेजना फैलाउने किसिमबाट सम्प्रेषित सामग्रीको स्वअनुगमन र कारबाही

कुल अनुगमन सामग्री: २०७

आचारसंहिता प्रतिकुल सामग्री: ९०

S.N.	Media (Registered/ Not Registered) and Social Media	Content Link	Response	Media/Non-media	Action
1	**Seven Star 4K**	https://www.facebook.com/reel/1028850093100712 https://www.facebook.com/reel/1028850093100712 facebook.com/reel/27737421919250780/ https://www.facebook.com/reel/1033429529420358	**पालना गरेको**	**media**	**Phone**
2	**OnlinetvNepal**	https://www.facebook.com/reel/921974600947266 https://www.facebook.com/reel/4379428732272611	**पालना गरेको**	**media**	**Phone**
3	**Nepalpress**	https://www.facebook.com/photo/?fbid=1530240679118238&set=a.565042952304687+E6:E25D6E6:E137E6:F138E6:E140D6E6:E137E6:E136E6:E71 https://www.facebook.com/photo/?fbid=1530240679118238&set=a.565042952304687+E6:E25D6E6:E137E6:F138E6:E140D6E6:E137E6:E136E6:E71 https://www.nepalpress.com/2026/07/28/748582/uml-on-sunsari-incident-government-further-incited-by-showing-signs-of-intimidation/?fbclid=IwY2xjawTWbAlleHRuA2FlbQIxMABicmlkETF5ZVdQUlRjS1Q5UG9nREtLc3J0YwZhcHBfaWQQMjIyMDM5MTc4ODIwMDg5MgABHix9NXzXF9U5qt6-IQo9wNvUsykVCaybTX6zBONjk4Aj-b6D0DkZuX9AJdRI_aem_uVYpsvRtcJMus8n2gQB1WQ https://nepalpress.com/2026/07/28/748637/ https://www.facebook.com/100063969608100/posts/1530374885771484/?rdid=ouv4U8HwTTdKYuXy# https://www.facebook.com/reel/1715799423075185	**पालना गरेको**	**media**	**Phone**

4	**Janata Times**	https://www.facebook.com/photo/?fbid=136117358 2797710&set=a.499888382259572 https://www.facebook.com/photo/?fbid=136117358 2797710&set=a.499888382259572 https://www.facebook.com/reel/862745820033299	**पालना गरेको**	**media**	**Phone**
5	**OurPardesh**	https://www.facebook.com/reel/1697737828104471 +E16:E63D16E16:E71E16:E69D16E16:E71E16:E72E16 :E73D16E16:E71E16:E124E16:E127D16:E127D16:E73 E16:E73https://www.facebook.com/reel/169773782 8104471+E16:E63D16E16:E71E16:E69D16E16:E71E1 6:E72E16:E73D16E16:E71E16:E124E16:E127D16:E12 7D16:E73E16:E73 https://www.facebook.com/OurPradesh1234567/ videos/1033110309687084 https://www.facebook.com/reel/1697737828104471 https://www.facebook.com/reel/1697737828104471 https://www.facebook.com/reel/3937021749768240 https://www.facebook.com/reel/1922383868428299 https://www.facebook.com/reel/1607072487478156	**पालना गरेको**	**media**	**Phone**
6	**SutraNews**	https://www.facebook.com/reel/1943062993051153 https://www.facebook.com/reel/1943062993051153 https://www.facebook.com/reel/3547667398715140 https://www.facebook.com/reel/1837014953928764	**पालना गरेको**	**media**	**Phone**
7	**sanatan chautari**	https://www.facebook.com/photo/?fbid=10678381459290 29&set=a.120583370654516https://www.facebook.com/ph oto/?fbid=1067838145929029&set=a.120583370654516 https://www.facebook.com/photo?fbid=10680321625762 94&set=a.120583370654516		**Non Media**	**Cyber**
8	**Birgorkhali online tv**	https://www.facebook.com/reel/1730969591556997 https://www.facebook.com/reel/1730969591556997 https://www.facebook.com/reel/2095492944651141 https://www.facebook.com/share/p/19MCCbj9kQ/ https://www.facebook.com/share/v/18vcm5YBen/ https://www.facebook.com/reel/2106198276595703 https://www.facebook.com/share/p/1E7YyDzkva/	**पालना गरेको**	**Non Media**	**Phone**
9	**Fact Nepal**	https://www.facebook.com/reel/1006133539085372 https://www.facebook.com/reel/2254309365407773 https://www.facebook.com/reel/1809762790179334		**Non Media**	**Cyber**

10	**Janata media**	https://www.facebook.com/share/v/1KDHKR7Yp3/ https://www.facebook.com/share/v/1bkimKPagP/ https://www.facebook.com/share/v/1DZg6HjWcL/	**पालना गरेको**	**media**	**Letter**
11	**Orange Samachar**	https://www.facebook.com/reel/2137221877147960	**पालना गरेको**	**Non Media**	**Phone**
12	**Sagarmatha Television**	https://www.facebook.com/reel/2485416225269168+E38:E89E38:E92D38E38:E91E38:E113E38:E112E38:E110E38:E93https://www.facebook.com/reel/2485416225269168+E38:E89E38:E92D38E38:E91E38:E113E38:E112E38:E110E38:E93 facebook.com/reel/27737421919250780/ https://www.facebook.com/reel/1349331483998623 https://www.facebook.com/reel/4561652497414472 https://www.facebook.com/reel/1554665779451119 https://www.facebook.com/reel/1529998208882623 https://www.facebook.com/reel/1001711239526801	**पालना गरेको**	**media**	**Phone**
13	**TV today television**	https://www.facebook.com/reel/1383746286966506 https://www.facebook.com/reel/1383746286966506 https://www.facebook.com/reel/1668605175270798	**पालना गरेको**	**media**	**Phone**
14	**Nepal Tantra tv**	https://www.facebook.com/reel/1025660916761099 https://www.facebook.com/reel/2227807144660781	**पालना गरेको**	**media**	**Phone**
15	**खुल्ला आवाज**	https://www.facebook.com/reel/3978920269078783 https://www.facebook.com/reel/3978920269078783 https://www.facebook.com/reel/3978920269078783		**Non Media**	**Cyber**
16	**PNN**	https://www.facebook.com/reel/1024307293844831+E45:E67E45:E66E45:E67E45:G109E45:F118E45:F67E45:F118E45:F67E45:E67E45:E66E45:E67E45:E118 https://www.facebook.com/reel/1024307293844831+E45:E67E45:E66E45:E67E45:G109E45:F118E45:F67E45:F118E45:F67E45:E67E45:E66E45:E67E45:E118 https://www.facebook.com/reel/1454485556413027 https://www.facebook.com/reel/1016752451130853 https://www.facebook.com/reel/1744270856713666 https://www.facebook.com/reel/2157485881484038		**Non Media**	**Cyber**
17	**Live Nepali News**	https://www.youtube.com/watch?v=_25eTEnc0Og https://www.youtube.com/watch?v=_25eTEnc0Og https://www.youtube.com/watch?v=Lti56M1hli0		**Non Media**	**Cyber**

18	**TV Annapurna**	https://www.facebook.com/reel/1016704891246405 https://www.facebook.com/reel/1016704891246405 https://www.facebook.com/reel/1360421478810987		**media**	**Phone/Letter**
19	**Church Tv**	https://www.facebook.com/reel/1026502016906814	**पालना गरेको**	**Non Media**	**Phone**
20	**Nepali Maan TV**	https://www.facebook.com/reel/1479467700866480	**पालना गरेको**	**Media**	**Phone**
21	**Perfect khabar**	https://www.facebook.com/reel/1698548721441977		**Non Media**	**Cyber**
22	**SLF KHABAR.com.np**	https://www.facebook.com/reel/982396184812506 https://www.facebook.com/reel/982396184812506 https://www.facebook.com/reel/1533797744333339	**पालना गरेको**	**Media**	**Phone**
23	**ArthaDabali posted toKchhakhabar**	https://www.facebook.com/watch/?v=8996266598 78091&rdid=BAAdGj6neDmyUAJg	**पालना गरेको**	**Media**	**Phone**
24	**Madesh24Nepal**	**https://www.facebook.com/reel/4349292318619815** **https://www.facebook.com/reel/2425813987946555** **https://www.facebook.com/reel/1095323179489209** **https://en1.savefrom.net/1-youtube-video-downloader-20pH/** **https://www.facebook.com/reel/881577217971847** **https://www.facebook.com/reel/1682401723056539** **https://www.facebook.com/reel/3970576496569452** **https://www.facebook.com/reel/1750783812837608** **https://www.facebook.com/reel/2063839897562358** **https://www.facebook.com/reel/1026633729744269**	**पालना गरेको**	**media**	**Phone**
25	**Right Sanchar**	**https://www.facebook.com/reel/2082036172710494** **https://www.facebook.com/share/v/1GiAyuvDaE/** **facebook.com/reel/1773301817136551/?s=single_unit** **https://www.facebook.com/reel/2082036172710494** **https://www.facebook.com/share/v/1EMkqTRKS2/**	**पालना गरेको**	**media**	**Phone**
26	**Simrik Khabar**	https://www.facebook.com/reel/27426111747087871	**पालना गरेको**	**Media**	**Phone**

27	**online patrika**	https://www.facebook.com/reel/1860279765355093 https://www.facebook.com/reel/28698684286385664 https://www.facebook.com/reel/1356299952773804 https://www.facebook.com/reel/1556256649322409 https://www.facebook.com/reel/1060475973106929 https://www.facebook.com/reel/1077271564863278" https://www.facebook.com/reel/2051067795506071 https://www.facebook.com/reel/4501054356796880 https://www.facebook.com/reel/1727575921799099 https://www.facebook.com/reel/1066892749106421 https://www.facebook.com/reel/1964664244218243" https://www.facebook.com/reel/1860279765355093 https://www.facebook.com/reel/28698684286385664 https://www.facebook.com/reel/1356299952773804 https://www.facebook.com/reel/1556256649322409 https://www.facebook.com/reel/1060475973106929 https://www.facebook.com/reel/1077271564863278	**पालना गरेको**	**Media**	**Phone**
28	News 7 TV nepal	https://www.facebook.com/reel/1561227642154523	**पालना गरेको**	**Media**	**Phone**
29	**Nepal news .plus**	https://www.facebook.com/reel/1354459469582867		**Non Media**	**Cyber**
30	**Bc online news**	https://www.facebook.com/share/r/18xhmYRZiu/ https://www.facebook.com/share/r/18xhmYRZiu/ https://www.facebook.com/share/r/1bLEyyKMZJ/ https://www.facebook.com/share/r/1L617YKfBq/ https://www.facebook.com/share/r/1E3nfZkWm3/ https://www.facebook.com/reel/2076329936321540/ https://www.facebook.com/share/v/1FMtQjkyqK/ https://www.facebook.com/share/v/1CtGN8AJtj/ https://www.facebook.com/share/v/1L724ocHDP/		**Non Media**	**Cyber**
31	**Dastak Khabar**	https://www.facebook.com/share/r/1JNxEq5m8a/	**पालना गरेको**	**Media**	**Phone**

32	**hamrosandesh.com**	https://www.facebook.com/share/v/1ZU4F3EYNc/ +E136:E137D136E136:E149E136:F151D136E136:E 149E136:E138E136:F138E136:G138E136:F138E136 :E138https://www.facebook.com/share/v/1ZU4F3E YNc/+E136:E137D136E136:E149E136:F151D136E1 36:E149E136:E138E136:F138E136:G138E136:F138E136:E138 https://www.facebook.com/share/v/1CMQGhsrWN/ https://www.facebook.com/share/r/19HChiCTR6/	**पालना गरेको**	**Media**	**Phone**
33	**sparshkhabar**	https://www.facebook.com/share/v/14j2vJ1WJgp/	**पालना गरेको**	**media**	**Phone**
34	**Htpkhabar**	https://www.facebook.com/watch/live/?mibextid= wwXIfr&ref=watch_permalink&v=1352493623737 084&rdid=2Qh89ooEMrKAntpC	**स्पष्टीकरण पेस गरेको**	**Media**	**Phone**
35	**Press 4k tv**	https://www.facebook.com/reel/1475470740967 502?fs=e&s=m	**पालना गरेको**	**Media**	**Phone**
36	**Madi aawaj**	https://www.facebook.com/reel/1038458061906193		**Non Media**	**Cyber**
37	**Madhesh Muslims**	https://www.facebook.com/reel/983993177996187		**Non Media**	**Cyber**
38	**Express khabar Nepal**	https://www.facebook.com/reel/1027984290185534		**Non Media**	**Cyber**
39	**Sunsari times**	https://www.facebook.com/profile.php ?id=61553756351856&sk=reels_tab		**Non Media**	**Cyber**
40	**Nagarik Samaj**	https://www.facebook.com/reel/2088179108742436	**फोन सम्पर्क हुन नसकेकोले प्रक्रियामा रहेको**	**media**	**Phone**
41	**CNN Khabar**	https://www.facebook.com/reel/2506685059805610	**पालना गरेको**	**Media**	**Phone**
42	**pradeskhabar**	https://www.facebook.com/photo/?fbid=1355262 453450633&set=a.487662060210681	**पालना गरेको**	**Media**	**Phone**
43	**mulukikhabar**	https://l.facebook.com/l.php?u=https%3A%2F%2Fm ulukikhabar.com%2F2026%2F07%2F125413%2F%3F fbclid%3DIwZXh0bgNhZW0CMTAAYnJpZBExdHM0b FF2RW95cGtOaG1NUXNydGMGYXBwX2lkEDIyMjAz OTE3ODgyMDA4OTIAAR4L6-jlxhDd0cBFYrDCsf9hBA _gi1NNEsA4rhKCCMvk8u1 WoKKikenieEoUqQ_aem_5CWzfsLEPgDPKfvuHRyrB Q&h=AUBZwMRRX7FiqDz_--ippok5Xl-WOap6EvaG5	**पालना गरेको**	**Media**	**Phone**

		ofz0KJrrw8B9J_voKvKm02lUWt-rc9j_xSyJypIlI2yzjT Hq3G69LDm4cCnQaknd5-JV0y7ZQaLcC4n_1g4ru 1aJyyfzW4y			
44	**Nepalbahas**	https://www.nepalbahas.com/story/714967/2026 /7/30/security-crime/body-found-inside-temple-in-dhanusha?fbclid=IwY2xjawTZGnZleHRuA2FlbQIxMABi cmlkETF0czRsUXZFb3lwa05obU1Rc3J0YwZhcHBfaWQ QMjIyMDM5MTc4ODIwMDg5MgABHsqfXydN61Anf 5gWgaFP4pkfnqRaUiBeZqblvIKsS_B7PbMm0UGhA5Q 7Ekmr_aem_5UyTqtl_zwPDQ1MnJux8aQ	**पालना गरेको**	**Media**	**Phone**
45	**Ktm post**	https://www.facebook.com/reel/1070873708612850		**Non Media**	**Cyber**
46	**Nex khabar**	https://www.facebook.com/reel/2391752411320899		**Non-Media**	**Cyber (मिडियाको फेसबुक पेजसँग मिल्दोजुल्दो देखिने गरी सञ्चारलनमा रहेको)**
47	**Nexkhabar**	https://www.facebook.com/reel/992284646688650	**पालना गरेको**	**Media**	**Phone**
48	Smart Media	https://www.facebook.com/reel/1567080024912375		Media	**Letter**
49	Dainik	https://www.facebook.com/reel/1065552489515004		Non Media	**Cyber**
50	Prince Mishra	https://www.facebook.com/reel/1361894626077057		Non Media	**Cyber**
51	Janamat onlline	https://www.facebook.com/reel/1039139695492162		Non Media	**Cyber**

नोट: मिति २०८३/०४/१९ गते संशोधित ।